

## About Me and My Journey with A Course in Miracles

My journey with A Course in Miracles began long before I opened the book. My brother, who lived in California during the early 80's, would visit my small home town on the east coast and discuss its teachings with my mom and myself. We were happy he found something to be so passionate about, but every once and awhile we would exchange secret looks that said; "What on earth is he talking about!?" Fast forward a few years to a time in my life where my world shattered with the death of my baby. Everything that I believed about God, the world and myself, now made absolutely no sense. I could no longer ignore the nagging questions that I had buried under the illusion of a perfect life. "What kind of God allows such suffering? Why would it be God's will that His children die? What the heck was God thinking when He made such a place?" This deep questioning would eventually lead me to pick up the Course and become Holy Spirit's willing student, but in the meantime, until I found answers that would allow me to trust in a loving God again, I decided to go it alone. I tried everything I could think of to alleviate my fears and mend my broken heart. Finally, when nothing worked, I threw my hands up in the air and said (literally); "God, I give up. My way isn't working. What is it that you want me to do?" It was then that I became a serious student of ACIM.

I was a skeptical student at first, but I was also desperate for peace. So I decided to give my study and practice 100%. My expectations for this path were not that grandiose. I was looking for a *little* peace and a way to release *some* of the fear. But with each step that I took - reading the Course teachings, listening to Holy Spirit, practicing the workbook lessons; releasing beliefs - my mind became more peaceful, and pain and suffering began to vanish. Over time I realized that A Course in Miracles was missing nothing that I needed and offered me far more than I even thought to ask for. Although it seemed radical in its teachings and practice, it was clear that for me, this was the path that would lead me to a permanent state of peace and joy. Looking back to the time when I first opened the book, I'm reminded of the lines from Dr. Seuss: "Oh the places we'll go". There is no limit to where the teachings of A Course in Miracles can take you. It will carry you all the way to awakening, if that is your choice.