

Area of Life	What the Soul wants/needs	What are the blocks?	How to care for the Soul
Relationships			
Work			
Money			
Creativity			
Health			

My spiritual intention for the year that is coming: (Use the questions to guide you to insights.)

- What do I need to let go of that is no longer serving me?
- What needs healing (grievances, self-judgments, etc.) in order to live more from my own Divineness? (Be specific and remember to ask for Help to heal and let go.)
- What is beginning to take root in me that I want to nurture and give life to?
- What positive daily rituals will I add that will help me live from my Divine Nature more consistently?
- What can I allow into my experience that will nurture and care for my Soul?

O Birther, Creator of the Cosmos, You create all existence in Light. Clear a sacred space within us, in our heart, for the Holy One to live. We align our will with the Divine Will. Your desire then acts with ours... as above, so below. Give us what we need, in sustenance and in understanding. Loose the cords of mistakes binding us, as we release the strands we hold of others' guilt. Don't let surface things delude us, stay present to the Real. Free us from distractions that hold us back from our true purpose. From You is born all ruling Will, the Power and Life to do, the Song that beautifies All, from age to age It renews. Truly, Power to these statements. May they be the Ground from which my actions grow. Sealed in Trust and Faith. Amen.