

Dear Friend,

If you feel drawn to A Course in Miracles (“ACIM” or “The Course”) or any other spiritual path, chances are you have learned that seeking happiness, peace and safety from the things of this world doesn’t work. Perhaps, you are ready and willing to try another way to find inner peace, unchanging love and a feeling of safety and care. I had similar feelings right before I began my study and practice of ACIM and have shared my experiences on my website:

(<http://pattifields.com/LetFreedomRing.html>).

If you study and practice ACIM, you will find the experiences you are seeking. And, the good news about ACIM is that you can begin without attending a group, a class or even meeting with someone. (However, if you want assistance, one-on-one and group classes are available.)

To obtain a copy of the book:

- Look in your local library or bookstore
- Purchase it from Amazon ( <http://www.amazon.com/Course-Miracles-Foundation-Inner-Peace/dp/1883360269>)
- Access it online:
  - the Workbook lessons: <http://acim.org/Lessons/>
  - the Text: <http://courseinmiracles.com/>

To begin simply set aside about twenty minutes each morning when it is quiet and there are no disruptions. Start reading from the Text page 1. The Course is something to be savored and contemplated. Therefore, don’t speed-read, but slowly read one or two paragraphs a few times and then contemplate the meaning of the words, without over-thinking or straining to understand.

During this quiet time, along with reading the Text, read and practice lesson #1 and then the next day, lesson #2, etc. On my website <http://pattifields.com/WorkbookLessonCom.html>, I have a detailed explanation of how to do a workbook lesson and use it throughout the day.

A Course in Miracles is not daunting if you learn to take it one day at a time. Enjoy what it has to offer you each day and don’t worry about tomorrow. The Gifts are received not at the end of the Course, but in each moment you allow the teachings to open your mind to a new experience. This new experience will remind you of who you are as a child of God. It is a beautiful and gentle way to learn the truth.

Love,  
*Patti*

