

Dear Friend,

If you feel drawn to A Course in Miracles chances are you have discovered that seeking happiness, peace, and safety from the things of this world never works. Now you are ready and willing to try another way to find inner peace, unchanging love, and a feeling of safety and care.

The good news about ACIM is that you can begin without attending a group, a class, or studying with a friend. However, to begin you *will* need the book. When you search A Course in Miracles, you will find many different book options. There are different versions published by various organizations. The most popular version is the 3<sup>rd</sup> edition published by The Foundation for Inner Peace. Recently, The Circle of Atonement published a complete annotated version which has notes and information not found in the FIP 3<sup>rd</sup> edition.

- <https://coa-store.org/products/a-course-in-miracles-complete-and-annotated-edition>
- <https://shop.acim.org/products/acim-hardcover>
- Online access to the Workbook lessons: <http://acim.org/Lessons/>
- Online access to the Text: <http://courseinmiracles.com/>

To begin, simply set aside time each morning when it is quiet and there are no disruptions. Start reading from page 1 in the Text. The Course is something to be savored and contemplated. The Gifts are received not at the end of the Course, but in each moment you allow the teachings to open your mind to a new experience. Therefore, don't speed read. Slowly read one or two paragraphs and then pause to contemplate the meaning of what you just read. Try not to use your intellect to understand the teachings. Deep within, you know the meaning of the words. Let your heart and experience help you understand.

Some students choose to read the text first before beginning the workbook lessons. Others like myself, study the text and practice the workbook lessons at the same time. There is no wrong way to approach ACIM. Check within your own heart and proceed in the way that feels right to you. The only requirement is to practice the lessons in sequential order. For complete instructions on how to practice the workbook and lesson commentaries, download the free version of my book, *Jump Start Your Workbook Practice*.

A Course in Miracles is not daunting if you learn to take it one day at a time. Enjoy what it has to offer you each day and don't worry about tomorrow. Each miracle you receive will bring you closer to awakening to who you are as a spiritual being. What a beautiful way to learn the truth.